

AMERICAN MONTESSORI CAMPUS LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Soft chicken tacos, diced carrots, diced peaches, milk	Manwich & ground beef on a bun, peas, diced pears, milk	Chicken fried rice, eggrolls, mandarin oranges, milk	Mini turkey corn dogs, mixed vegetables, applesauce, milk	Grilled cheese sandwich, carrot sticks w/ranch dip, mixed fruit, milk
Week 2	Steak fingers, mashed potatoes, peas, diced pears, milk	King Chicken Casserole, green beans, applesauce, milk	Cowboy stew (ground beef & ranch style beans), diced carrots, pineapple, milk	Sliced weiners(all turkey) with BBQ sauce, mixed vegetables, diced peaches, milk	Ham & cheese (or plain cheese) sandwich, carrot sticks w/ranch dip, mixed fruit, milk
Week 3	Beef stroganoff with noodles, peas, diced pears, milk	Chicken nuggets, green beans, pineapple, milk	Soft beef tacos, diced carrots, applesauce, milk	Spaghetti with meat sauce, mixed vegetables, diced peaches, milk	Turkey and cheese sandwich, carrot sticks w/ranch dip, mixed fruit, milk
Week 4	Cheese pizza, salad, diced peaches, milk	Fish sticks, mashed potatoes, peas, applesauce, milk	Bean and cheese burrito, mixed vegetables, diced pears, milk	Chicken & dumplings, diced carrots, mandarin oranges, milk	Turkey bologna & cheese sandwich, carrot sticks w/ranch dip, mixed fruit, milk

BREAKFAST

	French toast sticks, milk	Waffles, milk	Cheese toast, milk	Pancakes, milk	Cereal with milk
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SNACK MENU

AM	Animal crackers, juice	Cheese crackers, juice	Vanilla wafers, juice	Assorted cookies, juice	Trail mix, juice
PM	Granola bars, water	Graham crackers, water	Snacker crackers, water	Cinnamon graham crackers, water	Saltine crackers, sliced cheese, water